

RIDGLEAND FOREST SWIM & RAQUET CLUB

2021 POOL RULES AND REGULATION

I HOURS OF OPERATIONS

1. **Daily Hours (weather permitting) 9 AM - 8 PM** Notification of closing via email, social media or text.
2. **Lifeguard on Duty 2 PM- 8 PM (as possible in schedule)**
 - a. During normal pool hours, children **under 13 years of age** must be accompanied by a caregiver who is at least 18 years old.
 - b. Children ages 13-17 will be eligible for using the pool without parental supervision only upon submission of the completed contract.
 - c. Children ages 10-17 **not submitting a completed contract must be accompanied by an adult.**
3. **NEW FOR 2019- Pool open 9AM -2PM with no lifeguard on duty (beginning in June)**
*SWIM AT YOUR OWN RISK WITH NO LIFEGUARD ON DUTY**
 - a. To be granted access to the pool at this time members **MUST** sign a waiver and deliver it to Treasurer. Upon receipt of a signed waiver member will be given access to pool from 8am-2 pm.
 - b. No one under the age of 18 is permitted in the pool or pool area during swim at your own risk hours without an adult member of the club.
 - c. Adults should never go outside the pool gate leaving a child alone in the pool area.
4. If pool has been closed by Board – No one is to use the pool until further notification.
5. **This access is a privilege.** Any member or guest found abusing this access (not following rules, allowing non members in without passes..etc..) will lose access for a time period to be determined by the Board.

II POOL RULES

SAFETY

1. Unattended solo bathing is prohibited.
2. Children (under the age of 13) are not allowed to use the pool without an adult in attendance.
3. No running or rough play allowed (Including pushing or throwing anyone into the pool.
4. Only bathing suits are permitted in the pool – no cut offs are allowed
5. No food may be consumed within **10 feet of the pool.**
6. **No beverages in glass containers are allowed anywhere “inside the pool area,”** which is defined as the fenced-in area surrounding the pool, concrete and decks.
7. Children three years of age and younger, as well as any child not potty trained, must wear snug fitting plastic pants or a water-resistant diaper.
8. No spitting, spouting, or blowing nose In the pool.
9. No hairpins or metal objects are allowed in the pool.
10. No dogs or other animals are permitted in the pool area.
11. Persons having a skin disease, inflamed eyes, cold or nasal or ear discharge, or an infectious disease will be excluded from the pool.
12. Floatation devices are permitted but must remain in the shallow end of the pool.

13. Any water games, including "Sharks and Minnows", are allowed only at the discretion of the guards and cannot be dangerous or inhibit others ability to swim.
14. Water pistols and super soakers will be allowed at the discretion of the guards. Shooting people in the head with a water pistol or without their permission is prohibited. Improper use of water pistols will result in confiscation of the toy.
15. Unnecessary conversation with or annoyance of the lifeguard while on duty will not be permitted.

Weather

1. If it is determined by lifeguard or board member that thunder has been heard, everyone must exit pool and remain out of the pool for 15 minutes. The wait time will reset every time thunder is heard
2. If lightning is seen all must leave the pool fenced area and wait at a minimum of 15 minutes.

Diving Board

1. Only one diver on the board at any time to include the step up to the board.
2. ONLY ONE BOUNCE PER DIVE OR JUMP.
3. No gainers or inward specialty dives allowed.
4. Once off of the board, swimmers must go directly to the left or right ladders to exit or must swim directly to the rope and go under it.
5. No hanging or sitting on the diving board.
6. Excessive bouncing on the diving board is not allowed.

III GENERAL

1. **No smoking/vaping/e-cigarettes within fenced area before 6pm-** Smokers must be at least 18 years of age and can utilize the area outside the fencing. Cigarette ashtrays are provided for this purpose.
2. **After 6pm smoking/vaping/e-cigarettes is allowed inside the fenced area only in the designated area (near grill)** Cigarette ashtrays that are provided for this purpose.
3. No animals will be permitted in the pool area.
4. Picnic tables and benches are community property to be shared by all.
5. Trash receptacles are provided for your use. Please do not throw trash on the ground.
6. Abusive or foul language shall not be allowed on Club premises at any time.
7. No public displays of affection.
8. Property or furnishings shall not be removed from the Club premises without prior approval from the Board.
9. Members will be responsible to the Club for any dents, damage, and breakage caused by misuse by them or their guest(s). All members are responsible for their guest(s).
10. No " Parental Advisory" music, print or videos are allowed at the pool
11. Music should be played at a moderate volume so as not to disturb other members or hinder the lifeguard's ability to hear patrons in the pool.
12. No loitering in the parking lot, tennis courts, or other areas of club property.
13. Ridgeland Forest Swim & Racquet Club is not responsible for lost articles.

IV SIGN IN PROCEDURE AND GUESTPRIVILEGES

1. Members must sign in ALL guests in the guest book and pay fees to the lifeguard.
2. The sign in book is located near the life guard chair.
1. Full members may invite guests to use the pool and other club facilities. Guests must be accompanied by the inviting member and are subject to all applicable bylaws and facility rules. Each guest is allowed a **maximum of five visits to the pool** and other club facilities per season.

Procedure for Guest admission - Guest passes rate: \$3/individual & \$10/family

2. Members can either pay at the door or pre purchase tickets from board member Members will need 3 tickets for a guest family. Guest visiting from outside the local area will not require a pass. Prepaid tickets can be bought 6 for \$15
3. **If purchased at arrival** – Member will find envelope in the sign – in book and place money in the envelope and write name, date, and number if guests on outside.
4. The envelope will then be deposited in drop box. If a board member is present, they can aid with procedure.
5. **If purchased a prepaid ticket,-** Full members must contact Treasurer at [Treasure@ ridgelandforest.com](mailto:Treasure@ridgelandforest.com). Then set time to purchase tickets from him/her. Treasurer will record which tickets were given to the member by recording first and last number. To redeem members will sign in guest in guest book with the ticket number being used. Then drop used ticket in dropbox. If a board member is present, they can aid with procedure as needed at the pool as well
6. **Change for guest fees** – If a member needs change when paying guests, the lifeguard will have access to a small amount. Lifeguard can only give change during Adult Swim/break and only for guest payments.

V ENFORCEMENT AND CONSEQUENCES

1. All rules and regulations are approved by the Board of Directors.
2. Lifeguards will receive extensive training on all rules and guidelines and are given the authority and responsibility for enforcement of the disciplinary policy. **The lifeguard or Board representative on duty will have the authority to enforce any and all rules and regulations**
3. No member or guest shall reprimand any pool employee, but shall bring complaint to a Board member
4. Multiple violations may result in expulsion/suspensions from the pool, and will be reported to the President of the Board of Directors
5. All members are encouraged to report all infractions and violations to the Board

RESPECT THE LIFEGUARD –

When on duty the lifeguard is in charge of the pool. The lifeguard acts a representative of the Board when determining violations and enforcing the rules of the pool as set by the Board. Any concerns about the lifeguard are to be addressed to the Vice President at [vicepresident@ ridgelandforest.com](mailto:vicepresident@ridgelandforest.com)

VI. MINOR INFRACTIONS

1. **Minor infractions will be handled on the “3 strikes you're out” rule.**
 - a. A warning will be given for the first offense.
 - b. A second offense will result in a 10-minute time out.

- c. A third offense will result in expulsion from the pool for the day.
- d. At the discretion of the guards, children between the ages of 10 — 17 may also be assigned tasks such as picking up trash or cleaning the bathrooms.

2. Two expulsions for minor infractions will result in the following:

- a. For guests: Revocation of all guest privileges at all club facilities for the remainder of the season.
- b. For members age 10-17: Revocation of pool privileges and use of all club facilities unless directly supervised by a parent.

VII. SERIOUS INFRACTIONS

1. Gross misconduct including overt sexual activity, underage possession or consumption of alcohol, possession or use of illegal drugs, physical fighting, and gross, loud profanity will result in immediate expulsion from all club property for the day.
2. Rock throwing is prohibited anywhere on club property including the streets bordering club property and will result in immediate expulsion from all club property for the day.
3. BB guns, dart guns, air guns, pellet guns, paint ball guns and bows & arrows are prohibited on club property.
 - a. If a member enters the club property, with a prohibited item, it will be confiscated and the member will be expelled for the day.
 - b. Parents will be notified of the infraction. The confiscated item will only be returned to a parent and they will be required to sign the disciplinary log acknowledging that they have been informed and that they have reclaimed the item.
4. Dirt bikes, go-carts, and all non-registered and non-licensed motorized vehicles (i.e. not "street legal") are prohibited from all club property.
5. For all serious infractions involving children between the ages of 13-17 parents will be notified and will be required to sign the disciplinary log to confirm that they have been informed before the child will be allowed to return to club property.
6. Two expulsions will for serious infractions will result in the following:
 - a. For guests: revocation of all guest privileges at all club facilities for the remainder of the season
 - b. For members age 13-17: Revocation of pool privileges and use of all club facilities unless directly supervised by a parent.

VIII. SEVERE INFRACTIONS

1. Possession of knives, guns, or any other object deemed seriously dangerous by the guards, is completely prohibited on all club property and will result in immediate expulsion from all club property and the police will be notified. (With the exception of knives and kitchen utensils for cookouts in the main pavilion)
2. Starting a fire anywhere on club property is prohibited and results in immediate expulsion from pool property.
3. For severe infractions:
 - a. For guests: revocation of all guest privileges for the remainder of the year.
 - b. For members: All privileges will be suspended pending a review by the Board of Directors.

- c. An emergency meeting of the Board of Directors will be convened as soon as a quorum (6 of 10 members) can be scheduled to review the incident and determine what other actions will be taken.
4. Club property is defined as the pool area, the parking lot and surrounding woods, the field, and the tennis courts
5. A disciplinary log will be kept for all time outs and expulsions to establish and review all problems.

VII APPEALS PROCESS

1. Members may appeal any enforcements of the disciplinary policy to the Board of Directors.
2. The appeal must be submitted in writing to any board member and include the details of the complaint.
3. All appeals will be reviewed at the next regularly scheduled board meeting. Board meetings are open to all members . A member may request an emergency meeting of the board to address their appeal.
4. The emergency meeting will be scheduled as soon as a quorum (6 of 10 directors in attendance) can be established.

COMPLIANCE

1. The Basic Pool rules are designed for the safety of our members and their guests.
2. Parents are responsible for ensuring their child(ren) understand and comply with the Basic Pool rules, as well as understand the consequences for non-compliance.